



12 South Center Street  
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## MEDIA RELEASE

FOR IMMEDIATE RELEASE

March 30, 2016

### FOR MORE INFORMATION:

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### VILLAGE BOARD

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Evan K. Summers

## Building Wellness in Bensenville

**Bensenville, IL-** On Tuesday March 22, 2016 the Village of Bensenville adopted an Active Transportation Plan and a Complete Streets Policy helping ensure that all residents can comfortably and safely bike and walk to school and work in the future.

Last year, the B-Well Bensenville Plan4Health Coalition received a \$120,000 grant from the American Planning Association (APA) through its Plan4Health program to fund these two studies. An initial step in this work was a community-wide survey designed to determine specific policy recommendations and to prioritize community enhancements by assessing how residents travel to grocery stores, libraries, work, and trails, as well as how they would like to travel to these destinations. The Coalition's early emphasis on community engagement was key for the successful development and implementation of the plans. Additionally, the Coalition established a Steering Committee composed of representatives from various taxing bodies and local organizations which refined the information garnered from the initial outreach.

"These two documents will serve as the backbone supporting healthy and pedestrian friendly development in the Village," stated Village President Frank Soto. "The Coalition illustrates how much can be achieved working collaboratively and we appreciate all the hard work they do helping make Bensenville a healthier, happier place for families."

The continuing integration of planning and public health in Bensenville serves as an example for other communities of how to change environments to make healthy living easier where people live, learn, work, and play.

"The Bensenville Active Transportation Plan and Complete Streets Policy provide a forward-thinking approach to make real change in support of a healthy, livable community. The recommendations incorporated in the plan and policy will help the Village focus transportation investments on the places that matter most. As Bensenville implements its plan and policy, it will empower residents to lead a healthier lifestyle and enable them to access local and regional destinations on foot or by bike," said Heather Schady of the Active Transportation Alliance.

A copy of both of these plans can be viewed by visiting the Village's website at [www.bensenville.il.us](http://www.bensenville.il.us)

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**About Bensenville:** *Bensenville, Illinois is a dynamic village of more than 18,000 residents that provides exceptional benefits whether you live here, work here or play here. In 2011 Bensenville was named the #2 "Best Place to Raise Kids" in Illinois by MSN Real Estate & Bloomberg Businessweek. Bensenville is conveniently located just 20 miles west of downtown Chicago in DuPage County, adjacent to O'Hare International Airport, surrounded by major expressways, and boasts several public transportation options including a Metra commuter station. Residents enjoy a thriving downtown and commercial corridors with a variety of shopping and dining options, and beautiful parks such as the Redmond Recreational Complex featuring The Edge Ice Arenas. Our over 1,000-acre Northern Business District includes many top companies. In addition, Bensenville is home to Robert Morris University, White Pines Golf Course, Fenton High School, an outstanding public library, water park with new splash pad and two newly constructed elementary schools. With plenty to offer both families and businesses, Bensenville really is the "Gateway to Opportunity." Please visit our website at: [www.bensenville.il.us](http://www.bensenville.il.us)*