

*This is not a school sponsored activity.*

# Aquatic Center *Winter & Spring 2008*

## BOARD OF TRUSTEES

[www.bensenville.il.us](http://www.bensenville.il.us)



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**All registration will be accepted at Edge II building.**

**Edge II: 630-766-8888**

**735 E. Jefferson • Bensenville**

**Any questions, please call the Aquatic office at:**

**630-594-1106**



## **Village of Bensenville**

**12 South Center Street**

**Bensenville, IL 60106**

PRSRRT STD  
US Postage  
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Permit No. 72  
Bensenville, IL

**WINTER & SPRING '08**

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# **WATER'S EDGE**



**The Village  
of Bensenville**  
*[www.bensenville.il.us](http://www.bensenville.il.us)*



# **AQUATIC CENTER**

**The Village of Bensenville Presents:**

# **Winter & Spring 2008**

**Winter II: 1.6.08 to 2.23-08**

**Spring I: 2.24.08 to 4.12-08**

**Spring II: 4.13.08 to 5.31.08**

**Registration Begins 12.15.07**

# Aquatic Center *Winter & Spring 2008*

## REGISTRATION

[www.bensenville.il.us](http://www.bensenville.il.us)

The **Water's Edge** is located at the **Edge Ice Arena** on John Street, next to the **Redmond Recreational Complex**. The aquatic facility offers diving boards in a 13-foot diving well, and an 8-lane, 25-yard pool ranging from 5 feet to 6 feet deep.

To access this facility, patrons are asked to enter the main entrance of the building and enter the pool through the locker rooms located on the West Side of the building through the bathrooms.

The pool cashier is conveniently located on the pool deck for you.

### Registration Information/Session Dates:

**Winter II • January 6, 2008 to February 23, 2008**  
(7 weeks)

Registration Begins 12.15.07

**Spring I • February 24, 2008 to April 12, 2008**  
(7 weeks)

Registration Begins 12.15.07

**Spring II • April 13, 2008 to May 31, 2008**  
(7 weeks)

Registration Begins 12.15.07

### The pool will be closed on:

12.24.07 at 12:00 pm on Christmas Eve

12.25.07 all day: Christmas Day

12.31.07 at 12:00 pm on New Years Eve

1.1.08 all day: New Years Day

3.23.08 all day: Easter

5.26.08 all day: Memorial Day

**Water's Edge Aquatic Center**

**545 John Street**

**630-594-1106 • 630-594-1143-Fax**

### Refund/Missed Class Policy

There will be no refunds or make-up lessons for missed classes. This is to ensure quality and consistency for all participants. There is a \$10 per class withdrawal fee for the processing of the cancellation. If a participant must withdraw from classes because of a medical reason, a full or partial refund or credit may be given, if proper documentation is supplied at the time of cancellation. All refunds or credits may only be granted if approved by the supervisor of that program.

### Registration Guidelines

Registration will be accepted at the Edge on Jefferson, Edge on John St. and the pool deck from 9 a.m to 9 p.m. Registration may be taken over the phone by calling 630-766-8888. Payment with a credit card is required to complete all phone registration.

Residents of Bensenville will be required to show proof of residence at time of registration. Non-Residents are welcome to participate in all aquatic programs. Non-Residents are anyone who does not pay taxes to the Village of Bensenville.

Registration is on a first come first serve basis.

Registration will not be accepted after the first class.

### Pool Admission Fees

	<b>Resident</b>	<b>Non Resident</b>
Adults/Seniors	\$2	\$4
Children 3-18	\$2	\$4
Children Under 3	free	free

### Public Swim Times:

#### Saturday and Sunday

12:00 p.m. – 6:00 p.m.

#### Monday and Friday:

9:00 a.m. – 4:00 p.m.

8:00 p.m. – 9:00 p.m.

#### Tuesday, Wednesday and Thursday

8:00 a.m. – 4:00 p.m.

8:00 p.m. – 9:00 p.m.



**Edge Ice Arena**

**735 Jefferson Street**

**630-766-8888 • 630-594-1143-Fax**



# Aquatic Center *Winter & Spring 2008*

www.bensenville.il.us

## POOL FEES & RULES

### Pool Admission Fees:

	<b>Resident</b>	<b>Non-Resident</b>
Adults/Seniors*	\$2	\$4
Children 3-18	\$2	\$4
Children Under 3	FREE	FREE

### Water's Edge – Pool Membership

<b>6 Month Membership</b>	<b>Resident</b>	<b>Non-Resident</b>
Individual	\$65	\$80
Family	\$100	\$115
Senior*	\$55	\$70
Student	\$55	\$70
<b>Annual Membership</b>	<b>Resident</b>	<b>Non-Resident</b>
Individual	\$100	\$130
Family	\$150	\$170
Senior*	\$85	\$110
Student	\$85	\$110

### Edge Cardiovascular Fitness Lab Membership

<b>6 Month Membership</b>	<b>Resident</b>	<b>Non-Resident</b>
Individual	\$35	\$50
Family (16 and up)	\$50	\$65
Senior*	\$30	\$45
Student (16 and up)	\$30	\$45
<b>Annual Membership</b>	<b>Resident</b>	<b>Non-Resident</b>
Individual	\$50	\$65
Family (16 and up)	\$65	\$80
Senior*	\$45	\$60
Student (16 and up)	\$45	\$60

### Pool/Fitness – Dual Membership

<b>6 Month Membership</b>	<b>Resident</b>	<b>Non-Resident</b>
Individual	\$85	\$105
Family	\$125	\$145
Senior*	\$70	\$90
Student (16 and up)	\$70	\$90
<b>Annual Membership</b>	<b>Resident</b>	<b>Non-Resident</b>
Individual	\$125	\$160
Family	\$180	\$210
Senior*	\$100	\$140
Student (16 and up)	\$100	\$140

### Water's Edge Aquatic Center Rules and Policies

#### RULES FOR SANITATION

1. Soap showers are required before entering the pool deck.
2. Shoulder length hair must be tied up or in a bathing cap.
3. No street shoes are permitted on deck.
4. Street shoes must be removed before entering the shower area.
5. Proper swim attire must be worn in the pool (no cutoffs, shorts, or cloth diapers).
6. Everyone on deck must be dressed to swim (whether you get in the water or not).
7. Persons having bandages, open sores, cuts, etc. are advised not to swim.
8. No food or drinks are allowed in the pool area.
9. All children not able to use the restrooms must wear tight fitting rubber or plastic pants under their swimsuit as stated by the Health Department.

#### SAFETY RULES

1. An adult in the water must accompany children under 9 years of age.
2. No running, rough play or boisterous behavior is allowed in the pool area.
3. No diving in shallow water 6 feet or less.
4. Non-swimmers must stay in the lap pool only.
5. Pool equipment may only be used in lap lanes or during swim classes.
6. Hard plastic balls or toys are not permitted in the pool.
7. Child safety seats or strollers are not allowed in the pool area.
8. No one is allowed to enter the pool until the lifeguards or instructors are in position.
9. Everyone must clear the pool once the lifeguard has blown the whistle.

\*Senior = Age 62+

# Aquatic Center *Winter & Spring 2008*

## RULES

[www.bensenville.il.us](http://www.bensenville.il.us)



### LAP SWIM POLICY

1. Choose the lane that is closest to your speed. Signs are posted at the end of the pool.
2. Notify swimmers in a lane before you enter and start swimming. Current swimmers have the right of way.
3. If there are more than two swimmers per lane, you must swim counterclockwise (stay on the right side of the lane).
4. Limit the amount of rest at the end of the lane. Lap swimmers must be able to complete continuous lengths of the pool, from wall to wall, without stopping.
5. The dive well will be closed during all lap swim times.

### DIVE WELL POLICY

1. Only one person on the diving board at a time.
2. Toys and floatation devices are not allowed in the diving well.
3. Divers must exit before the next diver may take their turn.
4. The dive well will be closed during all lap swim times.

*\*\*\*The lifeguard on duty is responsible for enforcing the above rules and any additional policies to ensure the safety of all swimmers and staff. The Water's Edge Manager and staff reserve the right to close any lap lanes or pool areas for private lessons, rentals, special events, or swim meets.*

*This schedule is subject to change without notice.*

**The Cardiovascular Lab** is located at 545 John Street

### Daily Operations:

Tuesday, Wednesday  
& Thursday: 6:00 – 8:00 a.m.  
Monday to Friday: 4:00 – 9:00 p.m.  
Saturday: 9:00 a.m. – 5:00 p.m.  
Sunday: 9:00 a.m. – 5:00 p.m.

**Fees: Resident: \$2 • Non-Resident: \$3**

Memberships are available, please see membership section with the pool.

### Public Swim Periods\*

**Adult Lap:** Lap swim for adults 16 years and older. Lanes will be set up to do both lap swimming and water fitness.

**Open Swim:** Open swim time for adults and children. An adult must accompany children under 9 years old in the pool area. Children under 6 must have an adult in the pool swimming with them at all times. Lap lanes will be available for lap swim. *\*\*Saturday Open Swim September to March may be cancelled due to swim meets. Closed dates will be posted in the pool. Please see the Aquatic staff for any questions.*

**Family Swim:** This time has been set aside for families to come in and enjoy the Aquatic Facility. Children must be accompanied by a parent/guardian.

*\*Pool may be shared with other activities or closed depending on need.*

### Americans with Disabilities Act (ADA)

The Village of Bensenville will comply with the Americans with Disabilities Act. The Village will make reasonable accommodations to enable any individual with disabilities to use our facilities. If you have any questions, please call: 630-766-8888



# Aquatic Center *Winter & Spring 2008*

[www.bensenville.il.us](http://www.bensenville.il.us)

## AQUATIC PROGRAMS

### Water's Edge Aquatic Center Proudly Presents: The American Red Cross Learn-to-Swim Program

The American Red Cross Learn-to-Swim program is designed to give students a positive learning experience. This program teaches aquatic safety-skills in a logical progression through six levels of courses. The objective of this program is to teach children to swim and be safe in, on and around the water.

#### Course Descriptions

##### **Level 1 – Introduction to Water Skills**

The objective of level one is to help students feel comfortable in the water and to enjoy the water safely.

##### **Level 2 – Fundamental Aquatic Skills**

Students who wish to enter this course must have a Level 1 Certificate and must be able to demonstrate all the completion requirements in Level 1. The objective of Level 2 is to provide students success with fundamental skills. Students learn to float without support and recover to a vertical position. Students also explore simultaneous and alternating arm and leg actions on the front and back to lay the foundation for future strokes.

##### **Level 3 – Stroke Development**

Students entering this course must have a Level 2 Certificate or be able to demonstrate all the completion requirements in Level 2. Students will learn to coordinate the front and back crawl, and learn the elements of the butterfly.

##### **Level 4 – Stroke Improvement**

Students entering this course must have a Level 3 Certificate or be able to demonstrate all the completion requirements in Level 3. In this level students improve their skills and increase their endurance by swimming familiar strokes (front and back crawl) and introduce the fundamentals of the butterfly, side stroke, elementary back stroke, and the breast stroke.

##### **Level 5 – Stroke Refinement**

Students entering this course must have a Level 4 Certificate or be able to demonstrate all the completion requirements in Level 4. This course develops the coordination and refinement of the strokes. Starts and turns are introduced at this level.

##### **Level 6 – Swimming and Skill Proficiency**

Students entering this course must have a Level 5 Certificate or be able to demonstrate all the completion requirements in Level 5. In this level we refine all six strokes and prepare the swimmer for competitive swimming. This class includes personal water safety, fundamentals of diving, fitness swimming and lifeguard readiness.

### Parent and Child Aquatics

Resident \$30 • Non-Resident \$35

**Ages 6 months – 5 years**

This will help develop swimming readiness by leading parents and the children in water exploration activities with the objectives of having fun and becoming comfortable in the water. Children may not pass out of Parent and Child Aquatic Lessons until the age of three. (One child per parent.)

**Monday: 6:40 p.m. – 7:10 p.m.**

**Wednesday: 6:40 p.m. – 7:10 p.m.**

**Level 1 and Level 2 Resident \$35 • Non-Resident \$40**

Monday 6:00 p.m. – 6:30 p.m.  
6:35 p.m. – 7:05 p.m.  
7:10 p.m. – 7:40 p.m.

Wednesday 6:00 p.m. – 6:30 p.m.  
6:35 p.m. – 7:05 p.m.  
7:10 p.m. – 7:40 p.m.

Saturday 9:30 a.m. – 10:00 a.m.  
10:05 a.m. – 10:35 a.m.  
10:40 a.m. – 11:10 a.m.  
11:15 a.m. – 11:45 a.m.

Sunday 9:30 a.m. – 10:00 a.m.  
10:05 a.m. – 10:35 a.m.  
10:40 a.m. – 11:10 a.m.  
11:15 a.m. – 11:45 a.m.

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*All Students  
Levels 2-6  
MUST pass a  
Swimming Skills  
Evaluation  
and present a  
Skill  
Recognition  
Card upon  
registration,  
or registration  
will not  
be accepted.*

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**Levels 3, 4, 5 and 6 Resident \$45 • Non-Resident \$55**

Monday 6:00 p.m. – 6:45 p.m.  
6:50 p.m. – 7:35 p.m.

Wednesday 6:00 p.m. – 6:45 p.m.  
6:50 p.m. – 7:35 p.m.

Saturday 9:30 a.m. – 10:15 a.m.  
10:20 a.m. – 11:05 a.m.  
11:10 a.m. – 11:55 a.m.

Sunday 9:30 a.m. – 10:15 a.m.  
10:20 a.m. – 11:05 a.m.  
11:10 a.m. – 11:55 a.m.

# Aquatic Center *Winter & Spring 2008*

## AQUATIC PROGRAMS

[www.bensenville.il.us](http://www.bensenville.il.us)

### Bensenville Beta Swim Team

#### Ages 6 – 18

**Season: January 1, 2008 – March 2008**

Do you like to swim and want a fun and exciting time in the pool? The Bensenville Beta Swim Team Wants You! The Beta's are a co-ed winter swim team for children ages 6-18 who can swim one length of the pool. On this team the swimmer competes as an individual and as a team. We are part of the Northern Illinois Winter Swim Conference and compete in 6 dual meets a season.

#### Ages: 8 and under • Times and Fees:

Monday and Wednesday: 7:00 p.m. – 8:00 p.m.  
Resident \$175 • Non-Resident \$225

#### Ages: 9 – 10 • Times and Fees:

Monday and Wednesday: 7:00 p.m. – 8:00 p.m.  
Resident \$175 • Non-Resident \$225

#### Ages: 11 – 12 • Times and Fees:

Monday and Wednesday: 7:00 p.m. – 8:00 p.m.  
Thursday: 6:30 p.m. – 8:00 p.m.  
Resident \$190 • Non-Resident \$240

#### Ages: 13 – 14 • Times and Fees:

Monday and Wednesday: 7:00 p.m. – 8:00 p.m.  
Thursday: 6:30 p.m. – 8:00 p.m.  
Resident \$190 • Non-Resident \$240

#### Ages: 14 and up • Times and Fees:

Monday and Wednesday: 7:00 p.m. – 8:00 p.m.  
Thursday: 6:30 p.m. – 8:00 p.m.  
Resident \$190 • Non-Resident \$240

### Teen/Adult Lessons

These lessons are for teenagers and adults who wish to learn how to swim. This course follows the American Red Cross Learn-to-Swim Program.

Thursday: 6:45 p.m. – 7:30 p.m.  
Resident \$40 • Non-resident \$45

### Diving Lessons

This class teaches the fundamentals of diving for competition and recreational divers. Class space is limited to 10 participants.

Thursday: 6:00 p.m. – 6:30 p.m.  
Fee: Resident \$40 • Non-Resident \$45

### Water Aerobics – Deep Water

This class is a low-impact cardiovascular work out. All sessions are done in the dive well. This class focuses on muscle endurance and strength. This class is perfect for those with arthritis.

#### FREE to Members

Non-Members will pay a daily admission fee.

Monday and Wednesday: 8:00 p.m. – 8:45 p.m.

### Private and Semi-Private Lessons

Times and dates vary. They are based on your needs and instructor availability. They are available in English, Spanish and Polish. This program is recommended to be completed in conjunction with Out Group Swim Lessons. Please call the Aquatic Office, to set up a swim time and instructor prior to registration.

### Adaptive Aquatic Lessons

These lessons are designed for those who have mental and/or physical limitations. Please contact the Aquatic Office for more information.

### Team Building, Facility Rentals, and Birthday Parties

Whatever your or your organization is looking for the Water's Edge Aquatic Center can provide a safe and fun environment. Contact the Aquatic Office to schedule your team-building workshop, pool rental, or birthday party.

*\*Illinois State Health Code requires all children who are not potty trained to wear tight fitting rubber or plastic pants over their swim diaper and under their swimsuit.*

# Aquatic Center *Winter & Spring 2008*

[www.bensenville.il.us](http://www.bensenville.il.us)

## AQUATIC PROGRAMS

### SCUBA

The Water's Edge Aquatic Center in conjunction with H2GO Scuba presents: Basic Open Water Class starting October, 2007.

You must be 12 years old.  
Cost: \$250.00 The cost includes:

- PADI Crew Packet
- Class Room Sessions
- Pool Sessions
- Equipment needed in the pool
- Buoyancy Compensator
- Regulator
- Gauges
- Wet Suit
- Weights
- Tank w/air

The only items you will need are mask, fins, snorkel and booties. Our first class will talk about these items so don't purchase them yet. A Special Package Price of \$199.00 on select brand items is available. Normally this package runs between \$230.00 and \$260.00. What a great deal!

These classes are fun and great place to meet new people with the same love of the underwater world as you. Our Instructors are very Safety Conscience and love what they do. The people in the classes always have a great time. Come out and join us in what could be a new adventure for you.

Learn how to dive and be able to visit and learn about the fish and other water creatures in their natural environment. See the beauty of the under water world for yourself. You will be amazed at the wonder of what you experience.

**Call the Aquatic Center to register.**

### American Red Cross Health and Safety Programs

The Water's Edge Aquatic Center is proud to offer the following American Red Cross Health and Safety programs:

#### Adult CPR/AED:

3rd Friday every month at 6:00 p.m. • \$55.00

**Child and Infant CPR:** 3rd Saturday every month  
12:00 p.m. – 4:00 p.m. • \$55.00

**Standard First Aid:** 3rd Saturday every month  
4:00 p.m. – 6:00 p.m. • \$30.00

#### CPR/AED for the Professional Rescuer:

3rd Sunday every month • 8:00 a.m. – 6:00 p.m. • \$75.00

#### Lifeguard Training/First Aid/CPR for the Pro Rescuer

Every Tuesday Night from 5:00 p.m. – 10:00 p.m. running congruently with the sessions listed on front cover.

This course is designed to train individuals in the skills necessary to save a life around an aquatic setting. All students must attend all class sessions to receive certification, and must pass a pre-course swimming skills evaluation on the first night. This evaluation consists of a 300 yard swim, and retrieving a 10 lb object from 10 ft of water. Any student who does not pass the precourse session can transfer their registration fee into the learn to swim program.

We also offer by appointment challenges in the above curriculum

For further information on ARC classes contact Michael Murray, Aquatic Director

We also offer by appointment challenges or full courses in the curriculum below as well as

- Oxygen Administration
- Blood Borne Pathogens
- Basic Water rescue
- Water Safety Instructor
- Lifeguard Instructor
- CPR Instructor

**Michael Murray, Aquatic Director: 630-670-4665**

Edge I: 630-594-1106

Edge II: 630-766-8888

Village Hall: 630-766-8200





# Water's Edge Aquatic Center Winter & Spring 2008

www.bensenville.il.us **REGISTRATION FORM** www.bensenville.il.us

**Please Print Clearly** Payer Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Home #: \_\_\_\_\_ Work #: \_\_\_\_\_  
 Emergency #: \_\_\_\_\_ Email: \_\_\_\_\_

Participant	Birth Date	Session	Program Name	Day & Time	Fee	
	/ /				\$	
	/ /				\$	
	/ /				\$	
	/ /				\$	
	/ /				\$	
	/ /				\$	
	/ /				\$	
	/ /				\$	
	/ /				\$	
	/ /				\$	
<b>NO TAX FOR SWIM PROGRAMS</b>					<b>Amusement Tax</b>	\$
					<b>Total Fees</b>	\$

## Program Wavier

### PARTICIPATION AGREEMENT, RELEASE OF LIABILITY, WAIVER OF CLAIMS AND ASSUMPTION OF RISK

BY SIGNING THIS DOCUMENT YOU ARE ENTERING INTO A CONTRACT WHEREIN YOU MAY BE WAIVING CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.

TO Water's Edge Aquatic Center ("Aquatic Center"), the Village of Bensenville, their owners, directors, agents, employees, and/or representatives of the above listed organizations.

ASSUMPTION OF RISK: I am aware that swimming involves certain inherent risks, dangers and hazards which can result in serious personal injury or death. I am also aware that aquatic center contain potential dangers to the swimming public. As such, I hereby freely agree to assume and accept any and all known and unknown risks of injury while participating in aquatic lessons. I further recognize and acknowledge that the risks inherent in the sport of swimming can be greatly reduced by taking lessons, abiding by the Swimming Responsibility Code (now know as "Your Responsibility Code") and by using common sense.

RELEASE AND WAIVER OF CLAIMS AGREEMENT: In consideration of allowing me to participate in the Aquatic Center's swimming lessons; in consideration of the loan or rental to me of swimming equipment, I hereby agree to the fullest extent permitted by law as follows:

1. TO ACCEPT FOR USE AS IS any equipment loaned or rented to me and to keep it in my possession at all times.
2. TO WAIVE ANY AND ALL CLAIMS that I have or may in the future have against the Aquatic Center, any of the parties named above and/or the Rental Shop and
- 3 TO RELEASE the Aquatic Center and any party named above and/or the Rental Shop from any and all liability for any loss, damage, injury or expense that I may suffer, or that my next of kin may suffer, arising from the swimming lessons at the Aquatic Center and as a result of my participation in the Aquatic Center's swimming lessons and use of the equipment loaned or rented to me, due to any cause whatsoever, including negligence of breach of contract regarding the design, manufacture, selection, installation, maintenance or adjustment of the equipment and in the operation, supervision, design, or maintenance of the Aquatic Center.

ARBITRATION: In consideration of allowing me to participate in the Aquatic Center's lessons, and in consideration of the loan or rental to me of the swimming equipment, I hereby agree to submit to binding arbitration any and all claims which I believe I may have against the Aquatic Center's, the above named parties and/or the Rental Shop arising from my participation in the Aquatic Center's swimming lessons and use of the equipment loaned or rented to me. The arbitration shall be pursuant to the rules of the American Arbitration Association. The arbitrators shall apply the Federal Rules of Evidence to all proceedings. Arbitration shall be commenced within one (1) year from the date on which any alleged claim first arose. Further, the arbitration shall be held in the town where the Aquatic Center is located, unless otherwise mutually agreed to by all the parties. The submission to the American Arbitration Association shall be unlimited and the arbitration award may be enforced by any court of competent jurisdiction.

BINDING EFFECT OF AGREEMENT: In the event of my death or incapacity, this Agreement shall be effective and binding upon by heirs, next of kin, executors, administrators, assigns and representatives.

ENTIRE AGREEMENT: In entering into this Agreement, I am not relying upon any oral or written representation other than what is set forth in this Agreement.

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE THE AQUATIC CENTER, ITS OWNERS, MANAGERS, EMPLOYEES AND/OR THE RENTAL SHOP

**Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
 (If participant in Under 18 Legal Guardian must sign)

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Credit Card     Discover     Visa     Mastercard    **Expiration Date:** \_\_\_\_\_

Check    **Credit Card #:** \_\_\_\_\_

Cash    **Payer Signature:** \_\_\_\_\_