

This is not a school sponsored activity

Bensenville Wahoo

PRE-SEASON

Spring Stroke Clinics

May 3, 2016 - May 26, 2016
Tuesdays & Thursdays
5:30pm - 7:00pm

Resident \$72.00

Non-Resident \$88.00

Stroke clinics are not geared for individuals looking to learn how to swim. These clinics are for current swimmers that are looking to build their proficiency in the 4 basic competitive strokes : breaststroke, butterfly, backstroke, and freestyle. Participants train utilizing different drills and techniques to help refine each of the strokes. This is a great opportunity to warm up for the Summer Swim Team!!

Please register early: Online registration available

Visit our website for more information on our Summer Wahoo Swim Team!

Swim team season will run May 31, 2016 - July 30, 2016

There are no make-ups for missed classes.



The Water's Edge Aquatic Center
545 John Street Bensenville, IL 60106
630-766-8888 | www.bensenville.il.us
www.bensenvillewahoos.com