



WATER'S EDGE AQUATIC CENTER

LEARN TO SWIM PROGRAM

Life is better when you're swimming!!!



The Water's Edge Aquatic Center, 545 John Street, Bensenville, IL 60106
630-766-8888 www.bensenville.il.us

Learn to Swim

2019 SESSIONS

Winter 1 2019 - January 12th, 2019 to February 17th, 2019

Winter 2 2019 - March 2nd, 2019 to April 7th, 2019

Spring 2019 - April 27th, 2019 to June 2nd, 2019

Summer 2019 - Refer to the Bensenville Park District Water Park

Back to School 2019 - August 24th, 2019 to September 29th, 2019

Fall 2019 - October 19th, 2019 to November 24th, 2019

PRE-SWIM

Resident \$75.00/Non-Resident \$85.00



Starfish - PreSchool Level - Introduces basic swimming skills and water safety through fun and games while building confidence in the water.

Saturdays @ 10:05a
Sundays @ 9:30a

BEGINNERS

Resident \$75.00/Non-Resident \$85.00



Guppies - Level 1 - Teaches stroke coordination, floats and underwater exploration with assistance of flotation device or instructor.

Saturdays @ 10:40a
Saturdays @ 11:15a
Sundays @ 10:05a



Minnows - Level 2 - Teaches Level 1 skills focusing on participant completing skills without assistance of flotation device or instructor.

Sundays @ 10:40a
Sundays @ 11:15a

ADVANCED

Resident \$100.00/Non-Resident \$110.00



Eels - Level 3 - Introduces four competitive strokes and diving with emphasis on proper stroke technique.

Saturdays @ 9:30a
Saturdays @ 10:20a
Saturdays @ 11:10a
Sundays @ 9:30a



Stingrays - Level 4 - Refines four competitive strokes focusing on strength for proper execution of stroke technique.

Sundays @ 10:20a



Dolphins - Level 5 - Expands upon Level 4 skills, while incorporating competitive starts and turns into instruction.



Sharks - Level 6 - Focuses on mastering the four competitive strokes, starts and turns with emphasis on strength and endurance.

ADULT

Resident \$100.00/Non-Resident \$110.00



Sea Turtles - Classes are geared around participants' swimming ability, ranging from beginner to advanced levels.

Sundays @ 11:10a